

From: [Secor, Kevin](#)
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[Eye Injuries Avoidable, Doctor Says:](#) March is National Save Your Vision Month, and the Defense Department wants service members to take care of their eyes by wearing eye protection when performing dangerous work, reducing eye strain and routinely undergoing eye examinations. Dr. Robert Mazzoli, an ophthalmologist at the Vision Center of Excellence at Madigan Army Medical Center in Tacoma, Wash., noted the Iraq and Afghanistan wars of more than a decade produced a historic high in the percentage of eye injuries. "When we were first ... **[Read more](#)**