

From: [Secor, Kevin](#)
To: [Undisclosed recipients:](#)
Subject: HAVE YOU HEARD?
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[VA Boosts Mental Health Services for Veterans:](#) I was trained to be physically and mentally tough in the military. Having the stamina to kick in 100 doors a day in Fallujah, Iraq, was just as important as having the mental fortitude to keep fighting, even after the ... [Read More →](#)